

40 Hours of Eucharistic Adoration

Releasing the Missionary Power of Intercessory Prayer

Through adoration, the Christian mysteriously contributes to the radical transformation of the world and to the sowing of the Gospel. Anyone who prays to the Savior draws the whole world with him and raises it to God. Those who stand before the Lord are therefore fulfilling an eminent service. They are presenting to Christ all those who do not know him or are far from him; they keep watch in his presence on their behalf.

Pope St. John Paul II, *Letter to Bishop Albert Houssiau of Liege, Belgium on the Feast of Corpus Christi*, 1996.

Introduction

The “Forward in Mission” Jubilee can be a moment of missionary renewal for the Archdiocese of Los Angeles. The 40 hours of Eucharistic Adoration at Jubilee pilgrimage sites is a time to pray for revival in the life of faith in the Church in Los Angeles and for a receptivity to the transformative work of the Holy Spirit in the Jubilee Year.

Beginning at 6 p.m. on September 9, 2021, and concluding on September 11, 2021 at 10:00 a.m., each of the 22 designated Jubilee pilgrimage sites in the Archdiocese of Los Angeles will host 40 Hours of Eucharist Adoration in anticipation of the Jubilee Opening Mass. Individuals, families, and groups can come to pray before the Blessed Sacrament to engage in intercessory prayer for the “Forward in Mission” Jubilee to bear much fruit in the Archdiocese of Los Angeles.

What is intercessory prayer?

More than mere petitionary prayer, intercession is “prayer on behalf of another” (*Catechism of the Catholic Church* 2635). To intercede for an individual or a community is to ask God to manifest his mercy, providence, and deliverance in their lives.

Jesus Christ is our great intercessor who “is always able to save those who approach God through him, since he lives forever to make intercession for them” (Hebrews 7:25). As eternal High Priest, He stands before the Father in His glorified body interceding for us and the whole world. Pope Francis reminds us:

Jesus' love, Jesus' prayer for each one of us does not cease . . . We must always keep this in mind: Jesus prays for me, He is praying now before the Father and makes Him see the wounds He carried with Him, to show the Father the price of our salvation (Wednesday audience, June 2, 2021, the Feast of Saints Marcellinus and Peter).

Jesus is praying for the family of God in Los Angeles. He is praying for us personally!

As we participate in the 40 Hours of Eucharistic Adoration, we worship the Lord Jesus and unite ourselves with the desires of his Eucharistic Heart.

How shall we pray?

During the 40 Hours of Eucharistic Adoration, individuals, families, and groups will be invited to pray before the Blessed Sacrament for three specific intentions:

- For revival of the life of faith in the Archdiocese of Los Angeles,
- For a fresh proclamation and hearing of the Gospel,
- For the raising up of a new generation of missionary disciples of Jesus Christ for our time.

This prayer book divides an hour of prayer into three 20-minute segments, each focusing on one of the three specific prayer intentions.

FIRST PERIOD OF INTERCESSION

Let us gaze upon the Eucharistic Lord and join in his prayer for the revival of faith in the Archdiocese of Los Angeles beginning in our own hearts.

Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

Litany of Trust

From the belief that I have to earn your love, **deliver me, Jesus.**

From the fear that I am unlovable, **deliver me, Jesus.**

From the false security that my strength is sufficient, **deliver me, Jesus.**

From the fear that trusting you will leave me destitute, **deliver me, Jesus.**

From all suspicion of your words and promises, **deliver me, Jesus.**

From the rebellion against childlike dependency on you, **deliver me, Jesus.**

From refusals and reluctances in accepting your will, **deliver me, Jesus.**

From anxiety about the future, **deliver me, Jesus.**

From resentment or excessive preoccupation with the past, **deliver me, Jesus.**

From restless self-seeking in the present moment, **deliver me, Jesus.**

From disbelief in your love and presence, **deliver me, Jesus.**

From the fear of being asked to give more than I have, **deliver me, Jesus.**

From the belief that my life has no meaning or worth, **deliver me, Jesus.**

From the fear of what love demands, **deliver me, Jesus.**

From discouragement, **deliver me, Jesus.**

That you are continually holding me, sustaining me, and loving me, **Jesus, I trust in you.**

That your love is greater than my sins and failings and transforms me, **Jesus, I trust in you.**

That not knowing what tomorrow brings is an invitation to lean on you, **Jesus, I trust in you.**

That you are with me in my suffering, **Jesus, I trust in you.**

That my suffering, united to yours, will bear fruit in this life and the next, **Jesus, I trust in you.**

That you will not abandon me, since you are present in your Church, **Jesus, I trust in you.**

That your plan is better than anything else, **Jesus, I trust in you.**

That you always hear me and, in Your goodness, always respond to me, **Jesus, I trust in you.**

That you give me the grace to accept forgiveness and to forgive others,
Jesus, I trust in you.

That you give me all the strength I need for what is asked, **Jesus, I trust in you.**

That my life is a gift, **Jesus, I trust in you.**

That you will teach me to trust you, **Jesus, I trust in you.**

That you are my Lord and my God, **Jesus, I trust in you.**

That I am your beloved one, **Jesus, I trust in you.**

Adapted from the Litany of Trust by Sr. Faustina Maria Pia, SV

Intercessory Prayer with the Word of God

As I read this Scripture passage, how am I being inspired and moved to pray for the revival of faith in the Archdiocese of Los Angeles?

[Jesus] came to Nazareth, where he had grown up, and went according to his custom into the synagogue on the sabbath day. He stood up to read and was handed a scroll of the prophet Isaiah. He unrolled the scroll and found the passage where it was written:

**“The Spirit of the Lord is upon me,
because he has anointed me to bring glad tidings to the poor.
He has sent me to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim a year acceptable to the Lord.”**

Rolling up the scroll, he handed it back to the attendant and sat down, and the eyes of all in the synagogue looked intently at him.

He said to them, "Today this scripture passage is fulfilled in your hearing."

Luke 4:16-21

Interceding in my own words

Spend the next 10 minutes praying in your own words asking for the outpouring of the Holy Spirit. Pray for what is necessary for the faithful of the Archdiocese of Los Angeles to cooperate with transformative work of the Spirit.

SECOND PERIOD OF INTERCESSION

Let us unite our hearts with the burning zeal that fills the Eucharistic Heart of Jesus as we join in his prayer for a fresh proclamation and hearing of his Gospel in the Archdiocese of Los Angeles.

Litany of Praise

(with titles and images of Jesus drawn from the Scriptures)

Praise you, Jesus, you are my Life, my Love.

Praise you, Jesus, you are the Name above all names.

Praise you, Jesus, you are Emmanuel, God with us.

Praise you, Jesus, you are the King of kings.

Praise you, Jesus, you are the King of creation.

Praise you, Jesus, you are the King of the universe.

Praise you, Jesus, you are the Lord of lords.

Praise you, Jesus, you are the Almighty.

Praise you, Jesus, you are the Christ.

Praise you, Jesus, you are the Messiah.

Praise you, Jesus, you are the Anointed One.

Praise you, Jesus, you are the Lamb of God.

Praise you, Jesus, you are the Lion of Judah.

Praise you, Jesus, you are the Bright Morning Star.
Praise you, Jesus, you are our Champion and Shield.
Praise you, Jesus, you are our Strength and our Song.
Praise you, Jesus, you are our Way, the Truth, and the Life.
Praise you, Jesus, you are the Wonderful Counselor.
Praise you, Jesus, you are the Prince of Peace.
Praise you, Jesus, you are the Light of the World.
Praise you, Jesus, you are the Living Word.
Praise you, Jesus, you are the Redeemer.
Praise you, Jesus, you are the Holy One of Israel.
Praise you, Jesus, you are the Good Shepherd.
Praise you, Jesus, you are the Sheep Gate.
Praise you, Jesus, you are the Lord of Hosts.
Praise you, Jesus, you are the Rock of Ages.
Praise you, Jesus, you are my Hiding Place.
Praise you, Jesus, you are the Savior of the World.
Praise you, Jesus, you are the Strong Tower.
Praise you, Jesus, you are the Mountain Refuge.
Praise you, Jesus, you are the Bread of Life.
Praise you, Jesus, you are the Font of Holiness.
Praise you, Jesus, you are the Living Waters.
Praise you, Jesus, you are the True Wine.
Praise you, Jesus, you are my Spouse and my Maker.

Praise you, Jesus, you are our Fortress.

Praise you, Jesus, you are our Deliverer.

Praise you, Jesus, you are our Victory.

Praise you, Jesus, you are our Salvation.

Praise you, Jesus, you are our Righteousness.

Praise you, Jesus, you are our Wisdom.

Praise you, Jesus, you are our Sanctification.

Praise you, Jesus, you are our Justification.

Praise you, Jesus, you are the Door.

Praise you, Jesus, you are the Great I AM.

Praise you, Jesus, you are the Great High Priest.

Praise you, Jesus, you are the Cornerstone.

Praise you, Jesus, you are our Sure Foundation.

Praise you, Jesus, you are our Joy.

Praise you, Jesus, you are our Portion and Cup.

Praise you, Jesus, you are our Healing and Wholeness.

Praise you, Jesus, you are our Covenant.

Praise you, Jesus, you are the Promise of the Father.

Praise you, Jesus, you are the Everlasting One.

Praise you, Jesus, you are the Most High God.

Praise you, Jesus, you are the Lamb that was Slain.

Praise you, Jesus, you are the Just and Merciful Judge.

Praise you, Jesus, you are the Balm of Gilead.

Praise you, Jesus, you are the Mighty Warrior.
Praise you, Jesus, you are my Defense.
Praise you, Jesus, you are the Bridegroom.
Praise you, Jesus, you are my Patience.
Praise you, Jesus, you are my Provider.
Praise you, Jesus, you are the Resurrection and the Life.
Praise you, Jesus, you are the Alpha and the Omega.
Praise you, Jesus, you are the Beginning and the End.
Praise you, Jesus, you are all that I need.
Praise you, Jesus, you are all that I want.
Praise you, Jesus, you are worthy of all praise!

Adapted from "Litany of Praise" by Linda Schubert, *Miracle Hour*

Intercessory Prayer with the Word of God

As I read this Scripture passage, how am I being inspired and moved to pray for a fresh proclamation of the Gospel in the Archdiocese of Los Angeles?

On the next day, their leaders, elders, and scribes were assembled in Jerusalem, with Annas the high priest, Caiaphas, John, Alexander, and all who were of the high-priestly class. They brought them into their presence and questioned them, "By what power or by what name have you done this?"

Then Peter, filled with the holy Spirit, answered them, "Leaders of the people and elders: If we are being examined today about a good deed done to a cripple, namely, by what means he was saved, then all of you and all the people of Israel should know that it was in the name of Jesus Christ the Nazorean whom you crucified, whom God raised from the dead; in his name this man stands before you healed. He is 'the stone rejected by you, the builders, which has become the cornerstone.' There is no salvation through anyone else, nor is there any other name under heaven given to the human race by which we are to be saved."

Observing the boldness of Peter and John and perceiving them to be uneducated, ordinary men, they were amazed, and they recognized them as the companions of Jesus. Then when they saw the man who had been cured standing there with them, they could say nothing in reply. So they ordered them to leave the Sanhedrin, and conferred with one another, saying, "What are we to do with these men? Everyone living in Jerusalem knows that a remarkable sign was done through them, and we cannot deny it. But so that it may not be spread any further among the people, let us give them a stern warning never again to speak to anyone in this name."

So they called them back and ordered them not to speak or teach at all in the name of Jesus. Peter and John, however, said to them in reply, "Whether it is right in the sight of God for us to obey you rather than God, you be the judges. It is impossible for us not to speak about what we have seen and heard."

After threatening them further, they released them, finding no way to punish them, on account of the people who were all praising God for what had happened. For the man on whom this sign of healing had been done was over forty years old.

After their release they went back to their own people and reported what the chief priests and elders had told them

As they prayed, the place where they were gathered shook, and they were all filled with the holy Spirit and continued to speak the word of God with boldness.”

Acts 4:5-23, 31

Interceding in my own words

Spend the next 10 minutes praying in your own words asking for the outpouring of the Holy Spirit. Pray for what is necessary for the faithful of the Archdiocese of Los Angeles to cooperate with transformative work of the Spirit.

THIRD PERIOD OF INTERCESSION

Let us listen to the Eucharistic Jesus as he calls forth the raising up of a new generation of missionary disciples for our time in the Archdiocese of Los Angeles.

Litany of the Saints

Lord, have mercy,

Lord, have mercy.

Christ, have mercy,

Christ, have mercy.

Lord, have mercy,

Lord, have mercy.

Holy Mary, Mother of God, **pray for us.**

Holy Mary, Mother of the Church, **pray for us.**

Our Lady of Guadalupe, **pray for us.**

Our Lady of the Angels, **pray for us.**

St. Michael, **pray for us.**

St. Gabriel, **pray for us.**

St. Raphael, **pray for us.**

All you holy angels and archangels, **pray for us.**

St. John the Baptist, **pray for us.**

St. Joseph, **pray for us.**

All holy patriarchs and prophets, **pray for us.**

St. Peter and St. Paul, **pray for us.**

St. Andrew, **pray for us.**
St. John and St. James, **pray for us.**
St. Thomas, **pray for us.**
St. Matthew, **pray for us.**
St. Mark, **pray for us.**
St. Luke, **pray for us.**
St. Mary Magdalene, **pray for us.**
St. Barnabas, **pray for us.**
All holy apostles and evangelists, **pray for us.**

St. Stephen, **pray for us.**
St. Ignatius, **pray for us.**
St. Lawrence, **pray for us.**
St. Cyprian, **pray for us.**
St. Emydius, **pray for us.**
St. John Fisher and St. Thomas More, **pray for us.**
St. Andrew Kim, **pray for us.**
St. Lorenzo Ruiz, **pray for us.**
St. Paul Miki, **pray for us.**
St. Isaac Jogues and St. John de Brébeuf, **pray for us.**
St. Charles Lwanga, **pray for us.**
St. Perpetua and St. Felicity, **pray for us.**
St. Agnes, **pray for us.**
St. Barbara, **pray for us.**
St. Vibiana, **pray for us.**
St. Maria Goretti, **pray for us.**
All holy martyrs, **pray for us.**

St. Leo and St. Gregory, **pray for us.**
St. Ambrose, **pray for us.**
St. Jerome, **pray for us.**

St. Augustine, **pray for us.**
St. Athanasius, **pray for us.**
St. Basil and St. Gregory, **pray for us.**
St. John Chrysostom, **pray for us.**
St. Patrick, **pray for us.**
St. Cyril and St. Methodius, **pray for us.**
St. Charles Borromeo, **pray for us.**
St. Francis de Sales **pray for us.**
St. Anthony, **pray for us.**
St. Benedict, **pray for us.**
St. Bernard, **pray for us.**
St. Francis and St. Dominic, **pray for us.**
St. Bonaventure, **pray for us.**
St. Thomas Aquinas, **pray for us.**
St. Ignatius Loyola, **pray for us.**
St. Francis Xavier, **pray for us.**
St. Vincent de Paul, **pray for us.**
St. John Vianney, **pray for us.**
St. John Bosco, **pray for us.**
St. John XXIII, **pray for us.**
St. Paul VI, **pray for us.**
St. John Paul II, **pray for us.**
St. John Neumann, **pray for us.**
St. Damien of Molokai, **pray for us.**
St. Ferdinand, **pray for us.**
St. Catherine of Siena, **pray for us.**
St. Clare, **pray for us.**
St. Teresa, **pray for us.**
St. Therese of the Child Jesus, **pray for us.**
St. Rose of Lima, **pray for us.**

St. Monica, **pray for us.**
St. Teresa of Calcutta, **pray for us.**
St. Francis Xavier Cabrini, **pray for us.**
St. Katherine Drexel, **pray for us.**
St. Elizabeth Ann Seaton, **pray for us.**
St. Rose Duchesne, **pray for us.**
St. Kateri Tekakwitha, **pray for us.**
All holy men and women, **pray for us.**

From every sin, **Lord, deliver us, we pray.**
From the snares of the devil, **Lord, deliver us, we pray.**
From anger and hatred, **Lord, deliver us, we pray.**
From every evil intention, **Lord, deliver us, we pray.**
From everlasting death, **Lord, deliver us, we pray.**
By your coming as man, **Lord, deliver us, we pray.**
By your birth, **Lord, deliver us, we pray.**
By your baptism and fasting, **Lord, deliver us, we pray.**
By your sufferings and cross, **Lord, deliver us, we pray.**
By your death and burial, **Lord, deliver us, we pray.**
By your rising to new life, **Lord, deliver us, we pray.**
By your return in glory to the Father, **Lord, deliver us, we pray.**
By your gift of the Holy Spirit, **Lord, deliver us, we pray.**
By your coming again in glory, **Lord, deliver us, we pray.**

Lord, show us your kindness, **Lord, we ask you, hear our prayer.**
Give us true repentance, **Lord, we ask you, hear our prayer.**
Raise our thoughts and desires to you, **Lord, we ask you, hear our prayer.**
Strengthen us in your service, **Lord, we ask you, hear our prayer.**
Bless the fruits of the earth and of our labor, **Lord, we ask you, hear our prayer.**

Spare us from disease, hunger, and war, **Lord, we ask you, hear our prayer.**

Reward with eternal life all who do good to us, **Lord, we ask you, hear our prayer.**

Grant eternal rest to all who have died in the faith, **Lord, we ask you, hear our prayer.**

Guide and protect your holy Church, **Lord, we ask you, hear our prayer.**

Keep the pope and all the clergy in faithful service to your Church, **Lord, we ask you, hear our prayer.**

Bring all Christians together in unity, **Lord, we ask you, hear our prayer.**

Lead all people to the light of the Gospel, **Lord, we ask you, hear our prayer.**

Lamb of God, you take away the sins of the world: **have mercy on us.**

Lamb of God, you take away the sins of the world: **have mercy on us.**

Lamb of God, you take away the sins of the world: **have mercy on us.**

Amen.

Intercessory Prayer with the Word of God

As I read this Scripture passage, how am I being inspired and moved to pray for the raising up of a new generation of missionary disciples for our time in the Archdiocese of Los Angeles?

“The eleven disciples went to Galilee, to the mountain to which Jesus had ordered them. When they saw him, they worshiped, but they doubted. Then Jesus approached and said to them, “All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.”

Matthew 28:16-20

Interceding in my own words

Spend the next 10 minutes praying in your own words asking for the outpouring of the Holy Spirit. Pray for what is necessary for the people of the Archdiocese of Los Angeles to cooperate with transformative work of the Spirit.

Concluding Prayer

Prayer for the Jubilee Year

*Commemorating the 250th Anniversary of the Founding of Mission San Gabriel Arcángel
by St. Junípero Serra*

*Most Reverend José H. Gomez
Archbishop of Los Angeles*

*Feast of the Nativity of the Blessed Virgin Mary
September 8, 2021*

Heavenly Father, we thank You for the gift of Your servant, St. Junípero Serra, and for all the missionaries, native peoples, and immigrants who established Mission San Gabriel Arcángel, that Your Kingdom might extend to the ends of the earth.

Help us to walk in their footsteps as missionary disciples. Guided by their example, may we be always faithful and courageous in proclaiming the Gospel of Your Son, Jesus Christ our Lord.

Father, look upon Your family here in Los Angeles with mercy. Taught by the Word of Truth and fed with the Bread of Life, may Your Church here always seek to do Your will, and be the sign of Your love for all peoples, who are sons and daughters of God, all of us loved and desired by You, and born for greater things.

Renew us and strengthen us, and cleanse our hearts. By Your grace, may we follow Jesus with joy and holiness of life, and together with Him build a new world of faith and a city of saints.

Through the intercession of the Blessed Virgin of Guadalupe, Mother of the Americas, may we continue always forward in the mission of St. Junípero Serra, making Jesus Christ known to every heart in every nation.

We ask this, through Jesus Christ our Lord, in the unity of the Holy Spirit. Amen.